



FORMAT Tour Planner

gli specialisti del viaggio su misura

THE TAILOR MADE ITALIAN EXPERIENCE

Regioni d'Italia: Abruzzo



Abruzzo, created in 1963 after having split from the Molise region, is one of the youngest regions of Italy. Abruzzo is located in the eastern part of central Italy, bordering Marche to the North, Molise to the South, Lazio to the West and the Adriatic sea to the east.

The main city of the region is L'Aquila. Abruzzo has a population of 1.3 million inhabitants and a population density of 120 inhabitants per square kilometer.

Tucked between the Apennine mountains and the Adriatic Sea, Abruzzo is a land of mountains and sea. The region is mainly mountainous and was formed by high calcareous mountain ranges such as the Gran Sasso. The Apennines reach their widest and highest point in Abruzzo. This peak, known as il Corno Grande, is located on the Gran Sasso massif and reaches a height of 2912 metres.

Abruzzo is often called one of the green lungs of the Italian peninsula due to its many mountains and ample natural parks; 30% of the region is covered by natural reserves and parks. Abruzzo is, however, also a coastal region that features a concentration of plains. The landscape between the coast and the mountains is characterized by cultivated clay hills that descend towards the sea.

Abruzzo, things to do



The Abruzzo region is defined by vast natural riches, a strong artistic heritage and robust popular traditions. An ideal destination either for a beach holiday or a holiday in the mountains, Abruzzo is a region of many contrasts. Artistic heritage, nature, sea and mountains all at the same time – this is Abruzzo's strong point. The region has managed to preserve many ancient traditions and popular customs, such as "festa di Serpari" of Cocullo where, on the first Thursday of May, a procession of snakes passes through the town of San Domenico. Traditions such as this attract thousands of visitors to Abruzzo.

Getting there

Abruzzo is accessible by several routes :

- By plane: Pescara has a small international airport, the Abruzzo Airport, which has flights to the main cities of the peninsula as well as other destinations in Europe and North America. While National flights leave daily, international flights occur on fixed dates.

The low cost airline Air Service Plus guarantees two weekly flights from Paris to Pescara.

- By train: there are two national lines, the Rome-Sulmona-Pescara and the Bologna-Pescara-Bari line. Pescara station is considered to be one of the most modern stations of Europe and travel to other large Italian cities, most of which are less than an hour away by train, is very easy.

- By car: Abruzzo is connected to Rome by a fast motorway. Travel between the L'Aquila and Rome takes around two hours. The three motorways that cross Abruzzo are as follows: the A14 along the Adriatic coastal, the A24 from Rome to Giulianova by way of L'Aquila and Teramo, and the A25 from Pescara through Chieti, Sulmona and Avezzano.



Our Tours

Abruzzo: a land for every season



Region

Abruzzo

Description

Outdoor winter - summer sport and accomodation in luxury hotels with possibility of food tasting, mountain and sea

From the sea to the mountains an unforgettable holiday!



Abruzzo is a wonderful region where you can spend your holidays surrounded by mountains, lakes, valleys, mediaeval villages, castles, natural parks and not forgetting the beauty of the seaside. Below are some of the places to visit to discover the wonders and secret charms of this wonderful region.

One of the most interesting places in Abruzzo is The National Park of Gran Sasso-Monti della Laga, which is in the summit of Appennini (3000 meters high) with its various landscapes. The region also has a well organized cross country skiing tradition in Roccaraso, Ovindoli, and Campo Felice.

Our proposed tourist package will allow at least a five day stay.

L'Aquila and Teramo are fascinating cities and full of medieval architecture and history.

For those who love the sea you are less than an hour's drive to Pescara and the beautiful Adriatic coast with its long stretches of sandy beach. Don't miss the chance to visit the beautiful towns on the coast like Giulianova, Montesilvano, Ortona and Vasto from where you can take a ferry and visit the stunning Tremiti Islands which are famous for their crystal clear water and pine forests.

The fortress of Civitella del Tronto is the largest in Italy, the second in Europe after the Hohensalzburg in Salzburg, Austria: it is located on the top of a rocky cliff.



Pescocostanzo A great tourist destination both in summer and winter, Pescocostanzo can fulfill the needs of lovers of nature, art and traditions. The small town lies on the slope of Mont Calvario, on the border of the Piano delle Cinquemiglia plateau. The 16th century brought about a wonderful development in arts and crafts that still today contribute to the great cultural heritage of the place.

Sulmona, an important agriculture and commercial center, is deservedly famous all over the world for its confetti (sugared almonds); in addition it is the birthplace of the famous Latin poet Publius Ovidius Naso.

Our offer gives you the opportunity to visit this beautiful region (minimum stay 5 nights). What are you waiting for? Book now your holiday in Abruzzo.

We strive to provide our customers with everything they need and our packages include a wide range of leisure activities like quad tour, trekking, ski, horse riding and photography classes' etc. Ask for your customised tour, filling in the form at the bottom of the page. Prices start from € 179 per person for a double bedroom with breakfast included (tours not included).

Customize your trip with our exclusive offers:



Windsurf classes - For sport lovers in Abruzzo it is possible to practice sailing, windsurf, canoe and fishing

Paragliding - enjoy the experience of paragliding, hang gliding, paramotoring and tandem flights.

Climbing - don't miss the chance to climb and enjoy the selection of Abruzzo mountains.

Mountain bike tours - don't miss the chance to enjoy a day trip along the mountains and the national parks.

Horseback riding tours - Riding holidays that allow riders to develop a special bond with their horse and discover the beautiful countryside of Abruzzo.

Beauty & Wellness Center – Our spa holidays are all about wellbeing. Treat yourself to a wonderful spa break and you'll feel – and look – great. Book a lovely spa holiday with us

Food tours - try the delicious specialties of Abruzzo, you won't be disappointed!

Contact us for informations: matteo.fugazza@travelformat.com