



## FORMAT Tour Planner

*gli specialisti del viaggio su misura*

THE TAILOR MADE ITALIAN EXPERIENCE

### Regioni d'Italia: Calabria



The region of Calabria is located in the south-west of the peninsula. The region is home 2 million inhabitants spread over 15,080 square kilometres and features a population density of 132 inhabitants per square kilometer. Its main city is Catanzaro.

The region is divided into 5 provinces— Catanzaro, Cosenza, Crotona, Reggio Calabria and Vibo Valentia.

Calabria is bordered by the Tyrrhenian Sea to the West, Basilicata to the North and the Ionian Sea to the East. The region is separated by the Strait of Messina.

Calabria is a mainly mountainous region crisscrossed by narrow valleys. Very dry summers and mid-season rains characterize the weather in Calabria

While the Calabrian coast is rocky and jagged, the Ionian coast is very low and marshy.

## Calabria, things to do



As with all regions in southern Italy, Calabria remains a relatively unexplored and mysterious region surrounded by the crystal waters of the Tyrrhenian and Ionian Seas.

Calabria was part of the Magna Graeci, and the region is dotted by cities with Greek names, such as Locri and Sibari. Calabria offers hundreds of kilometres of coasts with gorgeous seaside resorts as well as mountain ranges such as the Aspromonte, which make Calabria a choice destination for those who enjoy trekking.

What really distinguishes Calabria from other regions, however, is the continual connection between modernity and tradition.

The “peperoncino,” which flavors the local dishes, has even become a symbol of identity for the Calabrians.

## Getting there

Going to Calabria:

There are numerous airline companies which have regular low cost flights from France to Calabria. These airlines include Myair and Thomas Cook.

Visitors to Calabria can also travel on train with SNCF.



## Calabria: Discover a hidden treasure!

*Calabria: full of surprises!*



Calabria is a region full of wonderful surprises.

Calabria is able to satisfy even the most demanding tourists thanks to its untouched sea, its natural beauties and its ancient traditions. Calabria offers a vast variety of breathtaking scenery, from the Tyrrhenian to the Ionian Sea, from countryside to mountains.

We offer a tour package of at least 5 days of stay to discover a beautiful land, a luxuriant nature, and architectural and artistic masterpieces.

Tropea, famous seaside resort on the Tyrrhenian Sea, features a beautiful old town with elegant palaces built in the 18<sup>th</sup> and 19<sup>th</sup> centuries, overlooking the clear blue sea of Calabria. The Isola di Capo Rizzuto, located within the Protected Marine Area of Capo Rizzuto, is now an important seaside resort.

Ciro Marina, in the province of Crotona, is a beautiful village on the Ionian coast, surrounded by rich vegetation with secular olive trees, vines and citrus trees. Cariati, gorgeous medieval village in the province of Cosenza, situated on a hill overlooking the crystal clear waters of the Ionian Sea.



Diamante is well known for the fresco paintings on the walls of its houses. Cities such as Belvedere Marittimo, Francavilla Marittima, Calabria Cerchiara, Albidona,

Alessandria del Carretto, Canna, Montegiordano, Oriolo, San Lorenzo Bellizzi also deserve a visit. The tour will be organised by our experts in order to satisfy all your needs.

During your stay you will discover some gourmet routes, some of which related to chilli pepper, one of the most typical products of Calabria. Otherwise you might opt for an exciting experience of true "Italian wilderness" going for mountain biking, hiking, trekking tours or horseback ride.

We'll stay in one of the luxurious 5-star hotels of our selection. For more information please fill out the form below, prices from € 189.00 per person in double room per night with breakfast (activities and visits not included).

## Customize your trip with our exclusive offers:



Nature trekking - with experienced guides will make you discover the untouched natural beauty of Calabria: by horse or by mountain bike, or hiking.

Gourmet tours - visits to farms to find out the Calabrian typical food products such as chilli pepper and liquorice!

Beauty & Wellness Centre - Massage, spa, body care: a holiday of relaxation and wellbeing.

Sailing – you can visit the marine Nature reserves with beautiful seabed ideal for scuba diving!

Contact us for informations: [matteo.fugazza@travelformat.com](mailto:matteo.fugazza@travelformat.com)